



## Rose's Simple Deodorant

### Ingredients

- 1 T coconut oil
- 1 T arrowroot powder
- 1 T baking soda essential oil

### Equipment

- 4oz screw top glass jar
- Saucepan
- Spoon

### Instructions

1. Spoon the coconut oil into the jar.
2. Put the jar into a small pan over low heat, with water halfway up the jar (or in the microwave for about 30 seconds, or until the oil melts)
3. Once the oil is completely liquid, add arrowroot and baking soda, and stir.
4. Add the essential oil and stir everything one more time.
5. Put the jar in the fridge for an hour or so, until the mixture solidifies.

Apply with fingers.

For more recipes, visit [www.earthmojo.org/resources](http://www.earthmojo.org/resources)



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